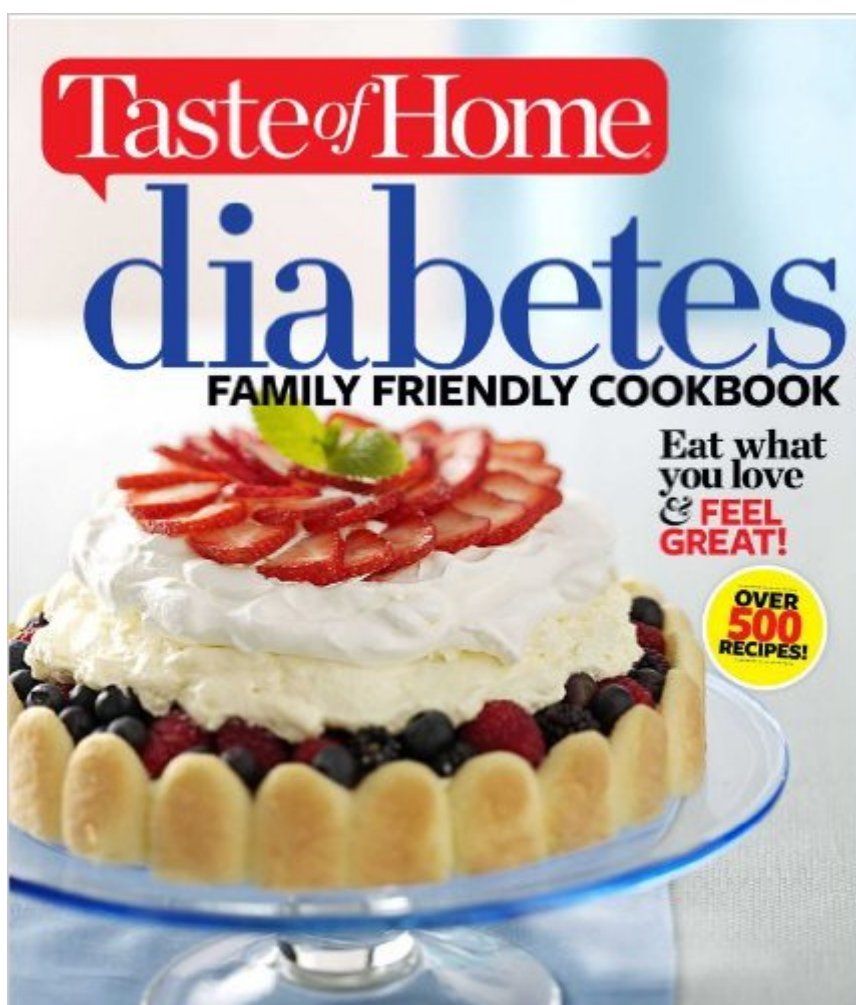


The book was found

Taste Of Home Diabetes Family Friendly Cookbook: Eat What You Love And Feel Great! (Taste Of Home Books)



Synopsis

Cooking for someone on a special diet? With Taste of Home Diabetes Family Friendly Cookbook it's a snap to serve mouthwatering sensations that everyone at the table will savor—whether they're following a diabetic diet or not. That means you can make one comforting meal for the entire family! Eat Great! Feel Great! Satisfy everyone at your table with 514 recipes so delicious, no one will suspect they're eating right! 514 dishes so tasty, the whole family cheer! No feeling deprived. And no separate meals! Diabetic Exchanges and Nutrition Facts with every recipe make meal planning a snap. Indulge in more than 60 snacks and desserts, each approved by a Registered Dietitian. Savor pasta, barbecue, meat loaf, mashed potatoes, sweets and more without guilt!

Book Information

Series: Taste of Home Books

Paperback: 320 pages

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Product Dimensions: 8.2 x 0.7 x 9 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars— See all reviews— (30 customer reviews)

Best Sellers Rank: #55,847 in Books (See Top 100 in Books) #69 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > General #83 in Books > Cookbooks, Food & Wine > Special Diet > Diabetic & Sugar-Free #272 in Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases

Customer Reviews

We purchased this book to learn how to eat better, it has description what diabetic is and explained type 1 and 2. Hopefully this book will guide us what's good and what's bad. Has quite few recipe in it to try out. I would recommend this book for those are new to diabetic.

I did like this cook book but the print was a little small for my eyes so I passed it along to one of my younger friends who's young daughter was just recently diagnosed. All in all it has awesome recipes and she loves it.

Very good cookbook, like all taste of home cookbooks it has beautiful appetizing pictures and great recipes! Especially enjoyed the simple meylime pie!

Looks very easy to use with eye appealing recipes. Has much needed information to help plan good meals. Arrived on time, packaged well, brand new condition and I'm very pleased.

Very yummy looking recipes. Taste of Home makes everything taste great, and I'm counting on them to do the same with this new way of eating.

Taste of Home recipes are always good, recipes are tried and true from home cooks, however. My favorite diabetic recipe book is Eat What You Love.

Love anything Taste of Home. Am incorporating many of the recipes in my meal planning.

Recipes are good. My husband even complimented me on a few I have made.

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